

MODEL FOR THE MANAGEMENT AND ADMINISTRATION OF A MEDITATION VENUE FOR THE SUCCESSFUL PRACTICE OF INSIGHT MEDITATION

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Abstract- Meditation is one of the most important wisdoms that comes with the history, culture, and religion. The purposes of this research were to study the appropriate model for the management and administration venue for the successful practice of insight meditation, and to study the influences of model for the management and administration venue on the achievement of insight meditation. The population of this study included 140,000 who used to be a member and had practiced the meditation at the center of youth Buddhist Meditation. The exogenous variables included model of management and administration of meditation and the characteristics of the place of meditation, whereas the endogenous variables included the number of membership, happiness, satisfaction, and immunity of mind. The benefits of this research included peaceful of physical body and mind, increasing memberships, high level of satisfaction, and immunity of mind.

Keywords- Meditation, Management, Administration

I. INTRODUCTION

Nowadays, human beings use advance technology and science to increase their quality of life and working conditions. Moreover, there is a fast changing in economics, social, technology, and politics in the modern globalization. Even though we have a better or higher quality of life from the convenience of modern life, there still no real peace and happiness. The word happiness can be coined as pleasure as ultimate goal, pleasure as intrinsic value, pleasure should be sought, and ethical value of human action determined by pleasure. There are four components of that leads to happiness: want, desire, attainment, and pleasure. Thai society is one of the societies in the world that have changed very fast and there are many modern problems such as crimes, illegal substances and drugs, and sex. The increase of the wealth of nations does not guarantee the real inner peace and happiness. The modern people focus on the accumulation of money, wealth, gold, and material & property. Laws is only one way to reduce and resolve the modern problem of crimes. There is another way of reduce and resolve the crime problem. This is to use the Buddhist teaching as a way of prevent mind to engage with crimes, to understand what is right and what is wrong. The Buddhist teaching can be used as a self-immunity to protect oneself from the sin and crime. This is actually the cheapest way to prevent and to get rid of many undesirable of modern problems. The person who has been trained with the insight Buddhist teaching such as meditation practice will have the self-immunity to protect their life from doing something wrong and not to get close to the causes of doing something wrong. With more people who have the self-immunity, the society at large will be peace and happy.

From the experience of the researcher, it found Buddhist teaching and the serious practice of

Buddhist can be adjust in the daily life and can increase the quality of life as well as inner peace and happiness. The research questions included what is the proper form of model for the management and administration of the meditation venue for the successful practice of insight meditation? What is the model for the management and administration of the meditation venue that affects the successful practice of insight meditation?

II. RESEARCH METHODOLOGY

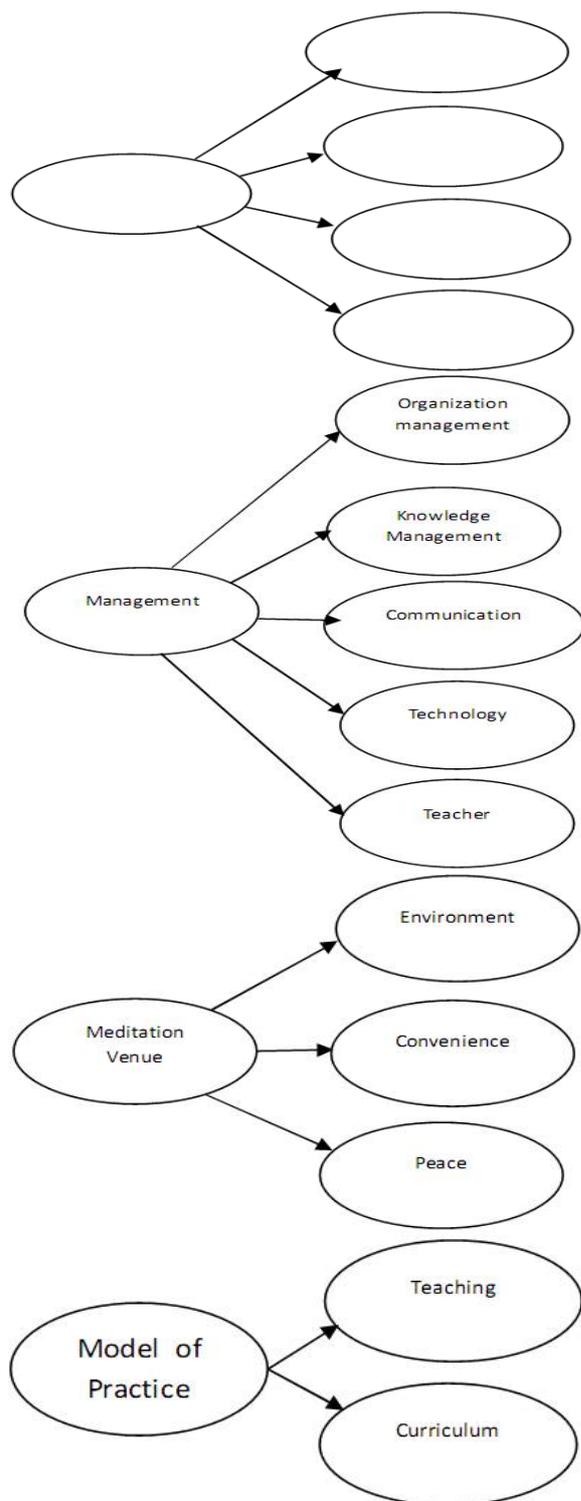
The benefit of modern technology and science provide us some level of happiness, but not inner happiness. The practice of Buddhist teaching might be the key that we are looking for to achieve inner peace and happiness.

Meditation is one of the most important wisdoms that comes with Thai history, culture, and religion. The aims of this research were to study the appropriate model for the management and administration venue for the successful practice of insight meditation, and to study the influences of model for the management and administration venue on the achievement of insight meditation. The population of this study included 140,000 who used to be a member and had practiced the meditation at the center of youth Buddhist Meditation.

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III. RESULTS AND DISCUSSION



From the findings, it found that the output can be number or interested persons, happiness, satisfaction, and immunity. The output depends on management, meditation venue, and model of practice. The management factor depends on organization management, knowledge management, communication, technology, and teacher. The meditation venue depends on environment, convenience, and peace. Finally model of practice depends on teaching and curriculum.

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